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CLIENTS RIGHTS

1. You have the right to be treated fairly and with respect.
2. You have the right to ask questions at any point in the therapeutic process.
3. You have the right to know the policy concerning canceled appointments (as during vacations, illness, etc.)
4. You have the right to request another therapist and receive competent referrals.
5. All people, including your therapist, have biases and values. You have the right to a therapist who will acknowledge personal values and will not attempt to impose them on you. The job of the therapist is to help you find your own way.
6. You have the right to ask about your therapist's training, theoretical orientation, techniques, and supervised experience.
7. You have the right to ask about your therapist's policy regarding confidentiality. You have the right to grant or deny permission to your therapist to discuss your progress with others.

8. You have the right to know your therapist's policy regarding medication. A medical doctor (M.D. or D.O.) is the only person who can prescribe medication. You have the right to take or not to take medication, to discuss pros and cons of it, and to be involved in the decision. If you disagree with your therapist about whether you should take medication, you have the right to seek another opinion.

9. You have the right to discuss what is happening in your sessions with other people and to consider and accept or reject this feedback about your progress.

10. You have the right to have a consultation with another therapist if you wish. It is usually a good idea to discuss your wish for a consultation with your present therapist, whether or not your therapist agrees. If after such a discussion you still wish to have the consultation, it is important for you to trust your own feelings and use your own judgment.

11. You have the right to stop counseling when you want, whether or not your therapist agrees with your decision. It is usually worthwhile to discuss with your therapist your reasons for wanting to stop your sessions. However, the decision is always yours.

- I understand and have received a copy of my rights as a client seeking therapeutic counseling services.

Client signature

Date